



JANUARY 2022 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken or Veggie Patties Baby Carrots Orange or Apple Juice Milk Choice	4 Chicken or Veggie Stir Fry Orange or Apple Juice Milk Choice	5 Cheese Pizza Garden Salad Apple or Oranges Milk Choice	6 Meat or Veggie Loaf Broccoli Fresh Fruit Choice Milk Choice	7 Bagged Lunch Chicken Cesar or Vegetable Wrap Cucumber Slices Fresh Fruit Milk Choices
10 Beef or Vegetable Stew WW Dinner Rolls Fresh Fruit Choice Milk Choice	11 Chicken & Bean Tacos Fruit Choice Milk Choice	12 Cheese or Pepperoni Pizza Garden Salad Fruit Choice Milk Choice	13 Chop Suey WW Garlic Bread Wax Beans Fruit Choice Milk Choice	14 Bagged Lunch Turkey or Vegetable Wrap Baby Carrots Fresh Fruit Milk Choice
17 Martin Luther King Jr. Day NO SCHOOL	18 Shepards Pie Green Beans Fruit Choice Milk Choice	19 Cheese or Sausage Pizza Cucumber Slices Fruit Choice Milk Choice	20 Steak and Cheese French Fries Fruit Choice Milk Choice	21 Bagged Lunch Chicken Salad or Vegetable Wrap Baby Carrots Fresh Fruit Milk Choice
24 Eggs, Sausage, Hash Browns & NutriGrain Bars Fruit Choice Milk Choice	25 Beef & Bean Tacos Fruit Choice Mil Choice	26 Cheese or Pepperoni Pizza Garden Salad Fruit Choice Milk Choice	27 BBQ Chicken Sweet Potato Fries Fruit Choice Milk Choice	28 Bagged Lunch BLT or Veggie Wraps Cucumber Slices Fresh Fruit Milk Choice
31 Sausage Tortellini Soup WW Dinner Rolls Fruit Choice Milk Choice				

*Menu may change without notice *Vegetarian options available daily *WW= Whole Wheat *WG= Whole Grain *Non-dairy milk options offered daily